

## Comparison of the antimicrobial and antioxidant activity of four different regions of Anatolia

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### Abstract

Propolis is a natural product widely consumed in folk medicine. The present study was carried out to investigate the antimicrobial activity of four different (Zonguldag, Cine, Cankırı and Ardahan) propolis regions of Anatolia. Antimicrobial activities of the propolis samples were investigated by the disc diffusion method. Although Ardahan's propolis is the most effective (14/18), Cankırı's propolis is the least effective (4/18). The antioxidant activities of the extracts were tested by ferric thiocyanate (FTC) and 2,2-diphenyl-1-picrylrazyl (DPPH) free radical scavenging methods. Zonguldag extract exhibited the greatest antioxidant activity with FTC method, whereas Cankırı extract exhibited the lowest IC<sub>50</sub> value 5.69±0.49 (µg/mL) for DPPH radical scavenging activity. Total phenolic contents of the extracts were estimated by Folin-Ciocalteu method and Zonguldag extract was found to contain the highest amount (113.63±5.45 mgGAE/g) extract of phenolics. Ardahan extract contained highest both flavonoid content (20.07±1.59 RtE/g) and reducing power (52.60±0.45). Strong antioxidant, radical-scavenging and antimicrobial activities of Ardahan seemed to relate with high flavonoid contents and total polyphenol.

**Keywords:** propolis, antimicrobial activity, antioxidant activity, DPPH

### Introduction

Resistance to antimicrobial agents has become an increasingly important and pressing global problem [13]. Because of this, scientific studies have been carried out to develop new compounds to be beyond conventional antibiotic therapy. Some natural products have antimicrobial activity, especially propolis and honey. Also propolis has anticancer [27, 33], antioxidative [5] and antitumoral properties [23]. Chemical composition and pharmacological activity might vary widely from region to region [21, 29, 41]. And, it depends on climate, vegetation, season and solvent used for extraction purposes [12, 19]. More than three hundred constituents were identified in different propolis samples by Bankova and colleagues [4]. Flavonoids, aromatic acids, diterpenic acids and phenolic compounds appear to be the principal components responsible for the biological activities of propolis samples. The antioxidant, antibacterial and antifungal properties of propolis make it beneficial in food technology. The substances, which are identified in propolis, generally are typical constituents of food and/or food additives, and are recognized as GRAS (Generally Recognized As Safe) [10] substances. As synthetic preservatives are unaccepted, there is a growing interest of introducing natural additives to food, and propolis is an interesting alternative to be considered in new applications of food technology.

The aim of this study is to carry out a comparative analysis of the antimicrobial activity of extracts obtained from four Anatolian propolis samples against seven gram positive, nine gram negative bacteria strains and two yeasts: microorganisms and comparison between antioxidant other bio-chemical properties.

### Material and Method

#### Method

#### Extraction of propolis samples

The geographical origins and some other properties of standart ethanol extracts of four different Anatolian propolis samples representing the whole country are listed in Table 1. A Hundred grams of frozen propolis is grained and dissolved in 300 ml ethanol (96%). This mixture was kept in the incubator at 30°C for 2 weeks in a bottle closed tightly. After incubation procedure, supernatant was filtered twice with Whatman No. 4 and 1 filter paper. The final filtered concentrated solution was diluted in 1:10 ratio (v/v) with ethanol (96%). A portion of this final solution called ethanol extracts of propolis was evaporated to dryness. Stock solutions of all propolis extracts were prepared in 10% dimethylsulphoxide (DMSO) [58]. The properties of samples are given in table 1.

**Table 1:** Geographical origins and other properties of four different Anatolian propolis samples.

Sample location	Symbol	Region	Collection Year
Zonguldag	Z	Black Sea	2009
Cine	Ç	Aegean	2009
Cankırı	Ça	Anatolia	2009
Ardahan	A	Eastren Anatolia	2009

#### Microorganisms, media and growth conditions

In this study, the following microorganisms were used; seven Gram-positive bacteria strains; *Staphylococcus aureus* ATCC 6538P, *S.aureus* ATCC43300 methicillin-oxacillin resistant, *S.aureus* MU 40 methicillin-oxacillin resistant, *Micrococcus luteus* NRRL B-4375, *Streptococcus faecalis* ATCC 4083,

*Bacillus subtilis* ATCC 6633, *Bacillus cereus* CCM 99, nine Gram-negative bacteria strains; *Escherichia coli* ATCC 29998, *E.coli* ATCC 35218, *Enterobacter aerogenes* ATCC 13048, *Enterobacter cloacae* ATCC 13047, *Salmonella typhimurium* CCM 3819, *Pseudomonas aeruginosa* ATCC 27853, *Pseudomonas fluorescens* ATCC12843, two specific pathogenic strains (hemorrhagic *E.coli* O157:H7 RSSK 04054, and *Klebsiella pneumoniae* CCM 2318). Yeasts; *Candida albicans* ATCC 10259 and *Candida tropicalis* ATCC 750.

Bacteria were cultured on Trypticasein Soya Agar (TSA), and yeasts on Yeast Extract Agar (YEA). All stock strains were kept at 4°C.

#### Antimicrobial activities of the propolis extracts

Antimicrobial activities of the propolis samples were investigated by the disc diffusion method [38]. Thirty-microlitre propolis extract were injected into sterilized discs of 6mm in diameter (Schleicher & Shüll no. 2668, Germany). In addition, ethanol (E) and dimethylsulphoxide (DMSO) were used as controllers to determine the sensitivity of the tested strains to solvents. Propolis extracts were suspended into 0.1% bacteriological agar (Merck) in different concentrations and used for the disc diffusion test. 0.1% agar was used as negative control. The test bacteria were incubated at 35 °C for 24 h in nutrient broth (Merck) and the yeasts were incubated in Sabouraud dextrose broth (Merck) for 24 h. One hundred microlitre of suspension containing 10<sup>6</sup>cfu/ml of bacteria and 10<sup>5</sup> cfu/ml of yeast were placed into sterile petri dishes (90 mm). Mueller Hinton agar (MHA) (Merck) and Sabouraud dextrose agar (SDA) sterilized in a flask and cooled to 45-50°C were distributed to petri dishes containing bacteria and yeasts respectively. The extracts containing discs were located on the solid agar medium by pressing slightly. The plates were kept at 4°C for 2 h and then the bacterial plates were incubated at 35° C for 24 h while the yeast plates were incubated at 25°C for 72 h. After incubation, all plates were observed for zones of growth inhibition, and the diameters of these zones were measured in millimeters. All tests were performed under sterile conditions in duplicate and repeated three times.

#### Total antioxidant activity determination

Total antioxidant activity was measured by ferric thiocyanate (FTC) method described by Saha *et al.*, (2004) [44].

#### DPPH radical scavenging assay

Radical scavenging activity of propolis extracts was measured by Brand-Williams *et al.*, (1995) [9].

#### Determination of total phenolic content

Total phenolic contents (TPC) of the extracts were assayed

according to Folin-Ciocalteu method) [53].

#### Determination of flavonoid content

The flavonoid content was measured using the method of Quettier-Deleu *et al.* (2000) [43].

#### Reducing power of the extracts

Reducing power of the propolis extracts was measured according to the method of Oyaizu (1986) [40].

#### Results and Discussion

There has been only limited research on antibacterial activity of Turkish propolis [24, 26, 35, 42, 50, 51, 55, 57, 59]. All four Anatolian propolis samples evaluated in this study showed antimicrobial activity against the test microorganisms in Table 2. Among the propolis samples, Zonguldag, Çine, Çankırı and Ardahan have antimicrobial activity with the range of 10-25 mm, 12-27 mm, 12-33 mm and 13-28 mm respectively. When it comes to ratio of microorganisms, 14 from Ardahan, 10 from Zonguldag, 9 from Çine and 4 from Çankırı out of 18 microorganisms. Although Ardahan's propolis is the most effective, Çankırı's propolis is the least effective. The reason for this is that Ardahan has a natural habitat, a rural area and is distant from industrial center, but Çankırı is near Ankara which has air pollution problem and is center of Turkey. There are a lot of main roads in Çankırı. Many studies have shown that fatty acid esters, phenolic compounds and cinnamic acid were the main propolis constituents and some of them were shown to possess antibacterial activity [20, 30]. Many researchers [1, 6, 31], have reported that a special substance class or a unique substance is not responsible for the antibacterial activity of propolis instead of these different compounds with different combinations is required for the biological activity of propolis, and that a component of propolis extract cannot have a strong activity as the total propolis extract [50]. However *Bacillus subtilis* ATCC 6633 and *Bacillus cereus* CCM 99 showed antimicrobial activity all propolis samples, none of the propolis samples didn't inhibit *Pseudomonas aeruginosa* ATCC 27853. Many researchers reported that propolis samples active only against Gram positive bacteria and some fungi [31, 32, 39], others found also weak activity against Gram-negative bacteria [16, 49]. It has been suggested that the resistance of Gram-negative bacteria could be due to the presence of efflux pumps preventing intracellular entry of propolis constituents [18]. The weak effect on Gram-negative bacteria may also be explained by the fact that propolis contains mainly plant-derived resin constituents and that resins are secreted by plants to protect mostly from Gram-positive pathogens [15, 18]. In the present study, we could verify that Gram positive and Gram negative bacteria showed inhibition zone 10-33 mm and 11-27 mm respectively.

**Table 2:** Antimicrobial activity of four different Anatolian propolis samples.

Inhibition zone (mm)* (30µl/disc)							
Microorganisms	G	Samples					
		Z	Ç	Ça	A	E	DMSO
<i>S.aureus</i> ATCC 6538P	+	10	-	-	18	-	-
<i>S.aureus</i> ATCC43300 met-oxa res	+	19	-	-	17	-	-
<i>S.aureus</i> MU 40 met-oxa res	+	13	-	-	13	-	-

<i>Micrococcus luteus</i> NRRL B-4375	+	19	-	30	28	-	-
<i>Streptococcus faecalis</i> ATCC 8043	+	-	15	-	-	12	12
<i>B.subtilis</i> ATCC 6633	+	25	20	22	24	12	13
<i>B.cereus</i> CCM 99	+	19	16	33	19	9	13
<i>E.coli</i> ATCC 29998	-	-	-	-	19	10	13
<i>E.coli</i> ATCC35218	-	-	-	12	18	11	-
<i>E.coli</i> O157:H7RSSK 04054	-	-	-	-	21	12	12
<i>E.aerogenes</i> ATCC13048	-	-	12	-	-	-	-
<i>E.cloacae</i> ATCC 13047	-	-	13	-	-	10	-
<i>S.typhimurium</i> CCM 3819	-	11	-	-	13	10	11
<i>Klebsiella pneumoniae</i> CCM 2318	-	-	27	-	15	9	-
<i>P.aeruginosa</i> ATCC 27853	-	-	-	-	-	-	-
<i>P.fluorescens</i> ATCC 12843	-	13	13	-	15	12	-
<i>C.albicans</i> ATCC 10259	Y	15	18	-	20	10	11
<i>C.tropicalis</i> ATCC 750	Y	12	20	-	24	9	11

Z: Zonguldag Ç:Çine, Ça Çankırı A:Ardahan E:Ethanol; DMSO: Dimethylsulphoxide

\*These results are the means of three experiments. (-): No inhibition G, gram reaction, Y, yeast.

Except from Cankiri samples of propolis, all propolis samples showed anticandidal activity against to the tested *Candida* strains, which corresponds to the literature data [31,45,58]. Consequently, anti-candidal screening indicated clearly that Ardahan propolis samples of propolis had much more effective anticandidal activity when compared with other Anatolian propolis like other bacteria. It is not always straightforward to compare results obtained from different investigations on the antimicrobial effect of propolis due to the variety of methods used for bioautography,

agar dilution, agar diffusion, broth dilution [48]. Most investigations on the antimicrobial activity of propolis carried out so far have used Petri dish methods (i.e. well or disc diffusion and agar dilution [7, 8, 17, 42, 47, 52]. But some researchers used broth macrodilution method [22, 36, 46, 58] and broth microdilution method [28, 45, 54]. Mayrhofer and colleagues have reported that etest and agar discs diffusion method represents valid methods compared to the broth microdilution method. Therefore, we preferred disc diffusion method [34].

**Table 3:** TAA, IC<sub>50</sub> values, total phenolics, total flavonoids and reducing power of propolis samples.

Sample	TAA (% Inhibition)	IC <sub>50</sub> (µg/mL)	Total Phenolics (mg GAE/g extract)	Total Flavonoids (mg RtE/g extract)	Reducing Power (% Ascorbic Acid)
Zonguldag	93,18 ± 0,52	8,66 ± 1,92	113,63 ± 5,45	18,51 ± 1,66	39,89 ± 1,27
Cine	90,73 ± 0,53	8,67 ± 0,16	80,71 ± 7,22	18,26 ± 0,91	37,05 ± 1,01
Cankiri	92,25 ± 0,56	5,69 ± 0,49	55,71 ± 0,72	8,83 ± 0,61	21,99 ± 1,20
Ardahan	92,06 ± 0,99	9,19 ± 0,23	107,38 ± 9,76	20,07 ± 1,59	52,60 ± 0,45

A variety of tests expressing antioxidant potency of food components have been suggested. These can be categorized into two groups: assays for radical scavenging ability and assays that test the ability to inhibit lipid oxidation under accelerated conditions. The features of an oxidation are a substrate, an oxidant and an initiator, intermediates and final products. Measurement of any of one of these can be used to assess antioxidant activity [56]. The ferric thiocyanate test determines the antioxidant activity with the measurement of the amount of peroxides formed in a linoleic acid emulsion of antioxidant during incubation. Zonguldag, Cankiri, Ardahan and Cine caused 93,18 %, 92,25 %, 92,06 % and 90.73 % inhibition, respectively (Table 3). These results suggest that all of Propolis samples have high total antioxidant activity. The effect of antioxidant on DPPH radical scavenging was thought to be due to their hydrogen donating ability or radical scavenging activity. When a solution of DPPH is mixed with that of a substance that can donate a hydrogen atom, then this gives rise to the reduced form diphenylpicrylhydrazine (non radical) with the loss of this violet color [37]. DPPH scavenging activity is best presented by IC<sub>50</sub> value, defined as the concentration of the antioxidant needed to scavenge 50 % of DPPH present in the test solution. Lower IC<sub>50</sub> value indicates higher antioxidant activity. Cankiri propolis provided the

highest radical scavenging activity with the lowest IC<sub>50</sub> value of 5.69 ± 0.49 µg/mL. Phenolic antioxidants are products of secondary metabolism in plants, and the antioxidant activity is mainly due to their redox properties and chemical structure, which can play an important role in chelating transitional metals, inhibiting lipoxygenase and scavenging free radicals [11, 14]. It revealed there is a relationship between the antioxidant ability and total phenol contents. For the determination of total phenolics content generally employs Folin and Ciocalteu's phenol reagent. Gallic acid was used as the standard to represent all phenolics present in Propolis samples. Table 3 exhibits gallic acid equivalents of total phenolic contents of all Propolis samples. As seen in Table 3, total phenolic content of Propolis samples increased in the order of Zonguldag > Ardahan > Cine > Cankiri. Propolis samples of Zonguldag also showed the highest total antioxidant activity in all propolis samples. Flavonoids are a class of secondary plant phenolics found ubiquitously in fruits and vegetables, as well as food products, which act as pharmacological active compounds in many medicinal plants. Many of the biological actions of flavonoids have been attributed to their powerful antioxidant properties [2]. Flavonoid content of the propolis samples was listed in Table 3. However, we didn't found correlation between antioxidant

activity and flavonoid content. The reductive potential of a compound reflects its ability to act as an electron donor. The electron donor reacts with free radicals, converts them to more stable products, and finally terminates radical chain reactions. The reductive capacity of a compound is recognized as a significant indicator of its potential antioxidant activity <sup>[11]</sup>. Table 3 showed the reducing power of the Propolis samples expressed as % ascorbic acid. Reducing power of Propolis samples increased in the order of Ardahan > Zonguldag > Cine > Cankiri. These results suggested that all the Propolis samples are powerful source of natural antioxidants.

In conclusion, in this study, the invitro antioxidant and antimicrobial activities of various propolis samples were investigated. Strong antioxidant, radical-scavenging and antimicrobial activities of Ardahan seemed to relate with high flavonoid contents and total polyphenol. Some authors state that the biological activities of propolis are mostly due to the high levels of phenolic acids <sup>[3]</sup>.

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